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New Solo Home HD Section Debuts on Home Dialysis Central

Madison, Wisconsin— The non-profit [Medical Education Institute \(MEI\)](http://Medical Education Institute (MEI)) recently released an in-depth resource about solo home hemodialysis on Home Dialysis Central. [Solo Home HD: Taking the Plunge](#) offers supportive information for users of the only home HD machine currently FDA-approved for solo daytime use: NxStage. (The page will be updated to include additional machines when they are approved for solo home use.)

The new, illustrated section covers safety at home, arranging a treatment room and managing supplies, setting up the machine for treatment, self-cannulation and one-handed taping, managing during treatment, drawing blood samples, medications, and travel tips.

According to MEI Executive Director Dori Schatell, MS, *“When we first started Home Dialysis Central, we believed that everyone who did home HD needed a partner. But, our thinking evolved. A capable adult should not be denied the chance to choose an option that allows more control, flexibility, and better quality of life—and the FDA agrees. Solo home HD with NxStage during waking hours was approved in August, 2017. We are delighted to offer some helpful information to support those who want to try this empowering treatment.”*

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